

2025 Speech Competition

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This is our seventh year of the Speech Competition. The purpose of the competition is to refine your presentation skills and market the organization. It should not feel or be presented like the ritual competition. This competition will further the practice of public speaking. We will have one category, **age 16 and over.**

1. The contestants will write up to a **six hundred (600) word** speech on the following prompt:

Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?

Note: Speech should not be Rainbow related – please base your speech on experiences from your life outside of Rainbow.

2. Submit your speech in Arial Font, 12 point double spaced PDF document
3. Please make sure your name and assembly name are in the top right corner of your PDF
4. Judging: you will be scored on answering the prompt, your ability to convince the judges of your position, appropriate attire, and presentation skills. You will receive some points for memorization, however, the main idea is to practice and focus on your public speaking skills.
5. Points will be deducted for late submissions, exceeding the word limit and not formatting your speech correctly
6. You will dress in business casual attire according to the California Rainbow dress code
7. You must be an active Rainbow girl with current dues paid
8. The competition will be held at Grand Assembly, 2025 on Friday night
9. Once I receive your speech, I will send you a copy of the judging score sheet so you're aware of the criteria
10. We will not use any props or PowerPoint presentations
11. Non PWAs, PWAs and PGOs age 16 and over are eligible. Current Grand Officers are not eligible. Past Grand Officers are eligible for this competition, as long as you have not attained majority on the day of the competition at Grand Assembly, 2025
12. The First place winner will deliver her speech at Grand Assembly

Your speech must be submitted in advance to the Director of Ritual Competition by **February 1, 2025.**

Email speech to caioritualspeech@gmail.com

Please contact me with any questions.

Sincerely,

Trish Parker-Palmer

Director of Ritual & Speech Competition

All of this information will be posted on the <https://www.gocarainbow.org/> page under “resources”

